

TRiO WORKS

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What is Upward Bound?

The Academic Institute of Central Carolina newly funded Upward Bound Programs are designed to help first generation college bound high school students enter as well as succeed in post-secondary education. Qualifying students are selected from Charlotte-Mecklenburg Schools and are ethnically, economically, and academically diverse individuals. Students selected to join the program must be in 9th -11th grade and attend one of the following schools:

East Mecklenburg High School

Garinger High School

Independence High School

Rocky River High School

Academic Institute of Central Carolina TRiO Program Upward Bound Insider

March 2018

Greetings from the Executive Director, Deborah J. Kingsberry

This month women all over the world are celebrated for our history and contributions made to society and humankind. Please take this month to personally celebrate each woman who positively impacted your life.

While celebrating women this month, also pay especially close attention to your nutrition and health. I want each of you to be mentally and physically healthy scholars. It is important to eat foods that stimulate your mind and body. In addition, it is equally important to get adequate rest and relaxation.

The program is pleased to welcome a great young lady to the staff, Ms. Leah Jones as the new Academic Coordinator. Ms. Jones graduated from North Carolina A&T State University and will bring a wealth of knowledge and experience to the program. Ms. Jones is student centered and committed to producing Upward Bound scholars. Ms. Jones will join the program officially on March 6, 2018.

Be mindful (1) online tutoring starts this month and (2) the program will begin spotlighting the Upward Bound student's successes and talents in the Upward Bound Insider Newsletter. March into greatness this month and always take care of yourself.



Ms. Kingsberry

"NINE TENTHS OF EDUCATION IS ENCOURAGEMENT"

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Important Dates to Remember

Spring Break Trip
April 4-5, 2018

End of Year Celebration
May 19, 2018

Summer Session Commence
June 18, 2018

Residential Summer Session
July 8, 2018
Wingate University

Summer Trip
July 30-August 3, 2018



Upward Bound Objectives and Goals

The project is designed to achieve six student objectives.

1. **Academic Performance-Grade Point Average (GPA): 65%** of participants served during the project year will have a cumulative GPA of 2.5 or better on a four-point scale at the end of the school year.
2. **Performance on Standardized Test-55%** of UB students served during the project year, will have achieved at the proficient level on state assessments in reading/language arts and math.
3. **Secondary School Retention and Graduation- 85%** of project participants served during the project year will continue in school for the next academic year, at the next grade level, or will have graduated from secondary school with a regular secondary school diploma.
4. **Secondary School Graduation (rigorous secondary school program of study)- 40%** of all current and prior year UB participants, who at the time of entrance into the project had an expected high school graduation date in the school year, will complete a rigorous secondary school program of study and graduate in that school year with a regular secondary school diploma.
5. **Postsecondary Enrollment-70%** of all current and prior UB participants, who at the time of entrance into the project had an expected high school graduation date in the school year, will enroll in a program of postsecondary education by the fall term immediately following high school graduation or will have received notification, by the fall term immediately following high school, from an institution of higher education, of acceptance but deferred enrollment until the next academic semester (e.g. spring semester).
6. **Postsecondary Completion- 40%** of participants who enrolled in a program of postsecondary education, by the fall term immediately following high school graduation or by the next academic term (e.g., spring term) as a result of acceptance by deferred enrollment, will attain either an associate's or bachelor's degree within six years following graduation from high school.

Quote of the month

You have to stay in school. You have to.

You have to go to college.

You have to get your degree.

Because that's the one thing people can't take away
from you is your education.

And it is worth the investment.

Michelle Obama

Parent's Corner



Let's Talk Money!!!

Very soon your child will begin college, so it's time to talk about money. The best way to teach your child the value of money and the importance of saving is to lead by example. Below are some suggestions offered by Melissa Koop to start the conversation.

Limit their spending

Make sure they have an active savings account with a bank or credit union.

Help your child create a realistic budget.

Encourage your child to save at least 5% or 10% of their money

Encourage them to reduce impulse spending

Have your child set financial goals

Show and explain to your child how to review financial statements for errors.

Promote keeping debts low and living within their budgets.

Recommend they start a retirement plan

Student's Test Taking Tips

Prepare for the test by paying attention in class, take good notes, do homework, and review study materials.

Make sure you have sufficient time to study for the test.

Attend study sessions and listen for test questions hints from the teacher.

Ask the teacher to specify areas to study for the test.

Eat and use the restroom prior to the test.

DO NOT PULL AN ALL NIGHTER!



What's the difference between High School and College? A lot!! The Upward Bound Insider will introduce a new piece every month to help explain. This information is a reprint from Texas A&M University Student Counseling Services.

Taking Test in HIGH SCHOOL

Testing is frequent and covers small amounts of material.

Makeup tests are often available.

Teachers frequently rearrange test dates to avoid conflict with school events.

Teachers frequently conduct review sessions, pointing out the most important concepts.

Guiding principle: Mastery is usually seen as the ability to reproduce what you were taught in the form in which it was presented to you, or to solve the kinds of problems you were shown how to solve.

Taking Test in COLLEGE

Testing is usually infrequent and may be cumulative, covering large amounts of material. You, not the professor, need to organize the material to prepare for the test. A particular course may have only 2 or 3 tests in a semester.

Makeup tests are seldom an option; if they are, you need to request them.

Professors in different courses usually schedule tests without regard to the demands of other courses or outside activities.

Professors rarely offer review sessions, and when they do, they expect you to be an active participant, one who comes prepared with questions.

Guiding principle: Mastery is often seen as the ability to apply what you've learned to new situations or to solve new kinds of problems.

High School vs College



SPOTLIGHTING UB STUDENTS

These highlights are original pieces by UB students. Please celebrate UB students, their gifts and always encourage them to their greatness.



Stephen Curry by: Anuya Anderson (East Mecklenburg High School)

Mr. Curry is his role model because of his humility and for always giving thanks to God when he makes a shot.



Caira Molina (Independence High School) put this together within one hour.

NOTE: If any UB student want to showcase their work, please get it to Mr. Hobbs by the 20th of each month.