

EDUCATIONAL OPPORTUNITY CENTER

NEWSLETTER



“Strive for
progress not
perfection.”

- Unknown

TRANSITIONING TO ONLINE CLASSES STUDY TIPS

1) Set Study Goals

- Goal setting can be used as part of a strategy to help people successfully effect positive changed in their lives.

2) Make a Study Plan

- Create an effective study plan to help you stay organized and prepared

3) Take Regular Study Breaks

- Give yourself time to recover from the work you have put in. Helps improve your focus, and boost productivity

4) Embrace New Technologies

- With everything become virtual it is important to learn new technology options for success

5) Test yourself

- Becoming mentally prepared for an upcoming exam by testing yourself, help improve how you perform. The more you practice the better you will become.

6) Find a Healthy Balance

- Take a moment to evaluate yourself both physically and mentally.

7) Be Positive

- Attitude has a big impact on the level of study that you get done and the effectiveness of your learning process

8) Collaborate with Study Partners

- Use online tools such as ZOOM or facetime to communicate and share study notes with one another

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Reminder

Our walk-in office is closed but we are working remotely, so feel free to contact us!