



Monthly **Newsletter**



We are Thankful for the Endless Opportunities

We are grateful and thankful you chose us to help you achieve your academic and life goals. It is never easy but if there is anyone who is capable of achieving so much success, it is you. If you need anything, please do not hesitate to call or email us.

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Email: EOC@academicinstitute.education

Inside This Issue

PG. 2

- Tips of the month
- Quote of the month
- Important dates

PG. 3

- Meet the staff
- Financial Literacy Resources for EOC

Tips to Prevent Holiday Stress

As cheerful the holidays can be, sometimes it comes with stress. Here are some ways to help cut down the holiday stress!

- Acknowledge your feelings
- Be realistic
- Set aside differences
- Stick to a budget
- Plan Ahead
- Set boundaries
- Don't overcommit
- Spend less time on social media
- Sort your priorities
- Don't abandon healthy habits
- Don't forget good study habits



“The purpose of education is to replace an empty mind with an open one.”

-Malcom Forbes

Important Dates

- CPCC Tuition Payment Plan option open until Monday, December 20, 2021 at 5pm.
- FAFSA applications are currently open, apply ASAP.
- CPCC Spring 2022 registration open until Sunday, January 9.
- Gaston College Spring registration open until January 6.
- Spring 2022 classes start January 10.
- CPCC Winter Break December 24 – January 3.
- Gaston College Winter Break December 20 – January 3.



Program Coordinator

Gale Davenport

As the Program Coordinator, I will be responsible for Workshops and Academic Counseling as well as many other services. I have over 15 years' experience working with youth and young adults with disabilities providing tutoring and financial aid literacy. I have also had the opportunity to provide career counseling and coaching to young adults. I am excited to be joining a wonderful group of individuals. I look forward to communicating with all of the individuals in the TRIO Program

Outreach Specialist

Jorge Acevedo



New to AICC but no stranger to the obstacles one will face in pursuing a higher education. Obtained 2 degrees from the University of Florida to better serve and advise those trying to better their future.

Outreach Specialist



Torian Green

I have worked with EOC for over four years. Helping others is important to me because knowing that I can possibly help turn a person in the right direction by a simple comment, action or gesture. It is reassuring that something I said or did throughout the course of a workday could potentially help others to achieve their goals.

Financial Literacy Resource for EOC

- 8 steps to manager your money
- Free application for Federal Student Aid (FAFSA)
- Banking information and tips

The Educational Opportunity Center is a federally funded TRIO program that assists adults ages 19 and above and U.S. veterans to enroll in and complete a postsecondary education program.

All services are provided free of charge to participants who meet the eligibility requirements.

Services Provided:

Academic Assistance · Career Assistance · Enrollment Counseling

Financial Aid Counseling · Computer Lab