April 2023

MEET THE STAFF:

Deborah J. Kingsberry

Executive Director

Raegan Kendrew

Administrative Assistant

Dominique Jackson

Program Coordinator

Marvin Fleming

Academic Coordinator

What is Upward Bound?

The Academic Institute of Central Carolina newly funded Upward Bound Programs are designed to help first generation college bound high school students enter as well as succeed in post-secondary education. Qualifying students are selected from Charlotte-Mecklenburg Schools and are ethically, economically, and academically diverse individuals. Students selected to join the program must be in 9th-11th grade and attend one of the following school's:

East Mecklenburg High School

Garinger High School

Independence High School

Rocky River High School

Upward Bound Insider



Greetings from the UB Team

Greetings,

Spring Break is finally here! It is hard to believe that we have only a few months left in the 2022-2023 school year. I would like to take a moment to thank you for your hard work this year! You are all vital to the success of students. I hope that all of you have the opportunity to reflect, refresh and rejuvenate yourselves with family and friends during spring break.

As we come to the end of this academic calendar year, the UB staff would like to remind our families to pay close attention to the required items our scholars need to check off for graduation and grade level promotions. We expect for all our participants to be on target or exceeding the goals that you set for the year. If there are any questions pertaining to graduation requirements, please do not hesitate to reach out to your school counselors or someone on the UB team.

With the continued support of our school and community partners, teachers, tutors, and parents we know we will be stronger than before. Let's continue to strive for success and move learning forward!

We encourage you to reach out to us if you need anything, and challenge you to continue to support one another. Finish the year strong!

Sincerely,

UB Staff



Contact Us

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Important Dates:

April 1: Academic Saturday

Garinger High School

<u>9AM-1PM</u>

April 3: Life Skills Workshop

<u>April 11-April 13: Spring</u> <u>Break Trip</u>

> <u>April 17: Life Skills</u> <u>Workshop</u>

<u>April 19: TRIO STEM</u> <u>Activity</u>

April 24: Life Skills <u>Workshop</u>

Tuesday's and Thursday's

<u>Futoring 3PM-6PM</u>

Academic Counseling <u>Sessions</u>

<u>Wednesdays</u>

UPWARD BOUND OBJECTIVES AND GOALS ARE MANDATORY!

Student Objectives

Academic Performance-Grade Point Average (GPA): 65% of participants served during the project year will have a cumulative GPA of 2.5 or better on a four-point scale at the end of the school year.

Performance on Standardized Test: 55% of UB students served during the project year will have achieved at the proficient level on state assessments in reading/language arts and math.

Secondary School Retention and Graduation: 85% of project participants served during the project year will continue in school for the next academic year, at the next grade level, or will have graduated from secondary school with a regular secondary school diploma.

Secondary School Graduation (rigorous secondary school program of study): 40% of all current and prior year UB participants, who at the time of entrance into the project had an expected high school graduation date in the school year, will complete a rigorous secondary school program of study and graduate in that school year with a regular secondary school diploma.

Postsecondary Enrollment: 70% of all current and prior UB participants, who at the time of entrance into the project had an expected high school graduation date in the school year, will enroll in a program of postsecondary education by the fall term immediately following high school graduation or will have received notification, by the fall term immediately following high school, from an institution of higher education, of acceptance but deferred enrollment until the next academic semester (e.g. spring semester).

Postsecondary Completion: 40% of participants who enrolled in a program of postsecondary education, by the fall term immediately following high school graduation or by the next academic term (e.g., spring term) as a result of acceptance by deferred enrollment, will attain either an associate's or bachelor's degree within six years following graduation from high school.

"Change is the end result of all true learning."

– Leo Buscaglia



SURVIVAL SKILLS FOR NEW College Students
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Campus Tips and Tricks

College is a whole new world. And along with this new world comes increased demands. Students must be able and willing to adapt, and that's the key to survival.

Develop a Sensible Schedule

As a college freshman, make college tolerable by working to develop a class schedule that fits into your day, allowing you a few refreshing breaks in the middle of your routine so as not to wear you down.

Commit to a Routine

Another campus survival tip is, develop well-balanced habits and goals as part of a larger educational and growth experience.

Take Initiative

When you land on campus, it's time to grow up. Ask questions, learn something you didn't know before, and take control of your personal and educational goals.

Socialize and Network

Branch out, make new friends, and network with classmates.

Take Time For You

When you're making a schedule for yourself, be sure to always fit in some time to just relax.







Career Exploration:

Loan Officer:

Loan officers evaluate, authorize, or recommend approval of loan applications for people and businesses. Median Pay: \$76 200 Per Year

\$/0,200 Per Year
\$36.64 Per Hour
Bachelor's degree
316,200
Employment of loan officers is
projected to grow 8 percent
from 2018 to 2028, faster than
the average for all occupations.
Although the demand for loan
officers will increase as the
overall economy grows, the
decline of bank branches may
moderate employment growth.

5 Ways to Finish the School Year Strong

It's that time of the year that makes everyone excited! Teachers, staff, faculty, and students are all looking forward to a few months of freedom while also enjoying the sun. But you have to cross the finish line first.... Below are five tips to get you to be able to enjoy summer.

1. Set Goals

Setting goals for yourself both personally and academically will help you stay on track. Whether your goal is to get straight A's or pass your AP tests, make your own goals and try your absolute best to achieve them.

2. Stay Organized

Staying organized will prevent you from losing or forgetting about assignments. Keep track of your assignments and test dates in a planner or calendar to stay organized and prepared for upcoming final projects and tests.

3. Don't put off responsibilities

Slacking and procrastinating are just ways of putting off responsibilities. Putting off school-related responsibilities will leave you scrambling and stressed at the last minute. Do what you need to do when you need to do it, and you will be well on your way to finishing strong!

4. Remember what you've worked for

It may help to remind yourself of all the hard work you've put in this year. One bad performance on a final test or project could undo all of your efforts for a certain letter grade.

5. Get motivated

It is time to get motivated! Whether you have to bribe yourself with rewards or create penalties for not trying your best, do whatever it takes to stay motivated and beat "summer fever!"

