

MEET THE STAFF:

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What is Upward Bound?

The Academic Institute of Central Carolina newly funded Upward Bound Programs are designed to help first generation college bound high school students enter as well as succeed in post-secondary education. Qualifying students are selected from Charlotte-Mecklenburg Schools and are ethnically, economically, and academically diverse individuals.

Students selected to join the program must be in 9th-11th grade and attend one of the following school's:

***East Mecklenburg
High School***

Garinger High School

***Independence
High School***

Rocky River High School

Upward Bound Insider



Greetings from the UB Team

As we approach the end of the academic school year, Upward Bound would like to wish all students good luck on their upcoming exams. The school year is drawing to a close, but our students have a lot left to accomplish before the end of June and there are a lot of upcoming events to look forward to. As always, I encourage you to regularly check in with teachers and PowerSchool to monitor your child's grades and attendance.

Finishing the year strong is extremely important leading into final exams. Should you have questions, please do not hesitate to reach out to your child's teachers or school counselor.

Please be reminded that all students must complete a mandatory two hours of tutoring every week and maintain a 2.5 or higher in their academic classes. Online and onsite tutorials will end on Thursday May 25th.

As we head into summer, I want to give thanks and appreciation to our parents, staff, and to our community partners for your continued support. Together we have worked to continue growing our Upward Bound Programs.

I look forward to a fun and exciting summer with our students and wish all of you a fantastic summer filled with family, friends, sun, water, and love.

Sincerely,

UB Staff



Contact Us

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Important Dates:

**May 6: Academic Saturday & Summer
Orientation**

Garinger High School

9AM-1PM

May 8: Life Skills Workshop

May 10: TRIO STEM Activity

May 15: Life Skills Workshop

May 17: TRIO STEM Activity

May 19: EOY Celebration

May 22: Life Skills Workshop

Tuesday's and Thursday's

Tutoring 3PM-6PM

Academic Counseling Sessions

Wednesdays

**UPWARD BOUND OBJECTIVES AND
GOALS ARE MANDATORY!**

TUTORIALS!!

Online and/or Onsite tutoring sessions will be held every Tuesday and Thursday from 3pm until 6pm. Every student MUST complete 2 hours every week.

Student Objectives

Academic Performance-Grade Point Average (GPA): 65% of participants served during the project year will have a cumulative GPA of 2.5 or better on a four-point scale at the end of the school year.

Performance on Standardized Test: 55% of UB students served during the project year will have achieved at the proficient level on state assessments in reading/language arts and math.

Secondary School Retention and Graduation: 85% of project participants served during the project year will continue in school for the next academic year, at the next grade level, or will have graduated from secondary school with a regular secondary school diploma.

Secondary School Graduation (rigorous secondary school program of study): 40% of all current and prior year UB participants, who at the time of entrance into the project had an expected high school graduation date in the school year, will complete a rigorous secondary school program of study and graduate in that school year with a regular secondary school diploma.

Postsecondary Enrollment: 70% of all current and prior UB participants, who at the time of entrance into the project had an expected high school graduation date in the school year, will enroll in a program of postsecondary education by the fall term immediately following high school graduation or will have received notification, by the fall term immediately following high school, from an institution of higher education, of acceptance but deferred enrollment until the next academic semester (e.g. spring semester).

Postsecondary Completion: 40% of participants who enrolled in a program of postsecondary education, by the fall term immediately following high school graduation or by the next academic term (e.g., spring term) as a result of acceptance by deferred enrollment, will attain either an associate's or bachelor's degree within six years following graduation from high school.

“Education is not the filling of a pail, but the lighting of a fire.”

— William Butler Yeats

Let us talk about... Grants, Scholarships, and Loans

WHAT IS A SCHOLARSHIP?

A scholarship is a money-based award specifically designated for education-related expenses.

Qualification for scholarships depends on the individual scholarship program and awards can be based on merit, talent, or academic performance.

WHAT IS A GRANT?

Grants are gift aid awarded to students often based on financial need. They typically come from the state government, federal government, non-profit organizations, and schools.

WHAT IS A LOAN?

A loan is money that you borrow with the expectation that you will pay it back, within a deadline laid out by your lender.

Students can borrow money through [federal student loans](#), which are issued by the government, or [private student loans](#), which are issued by non-government entities like banks and credit unions. To qualify for a private student loan, you'll need to demonstrate your ability to pay the loan back, usually with a cosigner.

Career Exploration:

Physicians and Surgeons:

Physicians and surgeons diagnose and treat injuries or illnesses in physicians' offices, hospitals, in academia, or for the government.

Median Pay:	\$208,000 + per year \$100.00 per hour
Entry-Level Education:	Doctoral or professional degree
Number of Jobs:	756,800
Future Outlook:	Overall employment of physicians and surgeons is projected to grow 7 percent from 2018 to 2028, faster than the average for all occupations. Job growth is projected due to increased demand for healthcare services by the growing and aging population.

- ✓ **Anesthesiologists**
- ✓ **Family and general physicians**
- ✓ **General internists**
- ✓ **General pediatricians**
- ✓ **Obstetricians and gynecologists (OB/GYNs)**
- ✓ **Psychiatrists**

	Repayment	Eligibility	Availability	How to apply?
Scholarship	None	Merit-based, Academic performance	Accessibility based-off meeting eligibility requirements	Scholarship.com
Grant	None	Financial need	Accessibility based-off meeting eligibility requirements	Scholarship.com, FASFA
Loan	\$ Monthly payment	Financial need, Credit worthiness	Accessibility based-off meeting financial need and/or creditworthiness requirements	FASFA, Bank, College Ave

May Checklist

Freshman:

- Meet with your **school counselor** and find out your high school's **graduation requirements**
- Perform a **Self-evaluation**
- Get Active! Choose a few **electives and extracurricular activities** to get involved in.
- Decide if you'd like to take the **ACT Aspire exam** to evaluate your academic strengths
- **Volunteer** or learn a new hobby during your summer break.

Sophomore:

- **Meet with your school counselor** for a follow-up on your grades from freshman year. (Implement any advice gained from your school counselor.)
- Take the **PSAT**.
- **Add electives** to your schedule that allow you to explore areas of study that you might be interested in for future career.
- **Research your future career**
- **Start** your college search!
 - Request information from those colleges.
 - Review their acceptance/graduation rates, **financial aid**, **scholarships resources**, and **tuition costs**.

Junior:

- Meet with your **school counselor** at the beginning of each 9-weeks
- Attend **college fairs**
- Consider **job-shadowing** a few professionals working in your dream career
- Apply for some **scholarships**
- **Visit colleges** from your list and start reaching out to admission counselors for more information
- Take the SAT and/or ACT (**each more than once**)
- Enroll in test prep (**Free Test Prep Resources**)
- Update your **activity résumé** at the end of the year
- Make summer plans
 - **Re-access and review your chosen career path**
 - Visit colleges

Senior:

- Meet with your school counselor to review your current academic standing and learn if there are any **new scholarships** available
- **Retake the SAT/ACT**, if needed
- Complete the **Free Application for Federal Student Aid (FAFSA®)** in October
- **Begin applying to colleges**
- Ask for **letters of recommendations**
- Write **college application essays**
- Complete/Submit college applications
- Review **financial aid** packages offered by the schools who accepted your application
- Make your final college choice and enroll
- **Finish high school strong (avoid senioritis)**

TIPS FOR FINISHING THE SCHOOL YEAR STRONG

