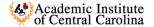


Newsletter

AS spring arrives we will be sending emails and texts to everyone about upcoming work shops and Trips! If you have changed any contact information in the past few months please reach out so we can get your ideas.

We are still committed to providing you with the best resources help you achieve success in school. As always, we are only a c email away if you need any help!





## Inside This Issue

**PG. 2** 

- ☐ Emergency Resources
- ☐ Quote of the Month
- ☐ Important Dates Coming Up!

**PG. 3** 

- ☐ Private Student Loans
- ☐ Finding support in school
- ☐ Tips for job interview

#### Menatl Health Counseling

Mental health counseling can empower you to improve your academic performance, employment readiness, relationships, and general well-being.

All is needed is to submit an application with the required documents. (Student ID, State ID)

https://www.cpcc.edu/student-experience/ student-support/counseling-services

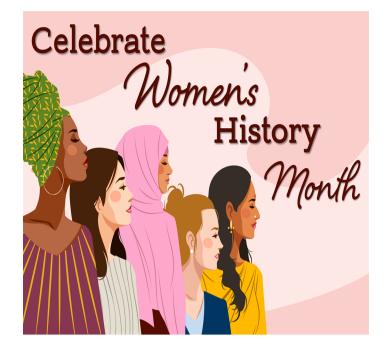
"Attitude is the 'little' Thing that makes a big difference."
Winston Churchill



#### **Important Dates**

- St Patrics Day Mar 17th
- EOC F.A Workshop March 20
- CPCC Spring evnt March 13th

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#### Private Student Loans

1. Complete the FAFSA® (Free Application for Federal Student Aid) regardless of your family's economic status.

Nearly everyone who applies receives aid of some sort, regardless of their credit hisory

- 2. Renew your FAFSA every year. Even if you did not qualify for much student aid last year, changes in family income and other factors can affect your eligibility
- 3. Apply for student aid as early as possible. Many types of student aid are awarded on a first-come, first-served basis. Apply too late, and you'll have fewer aid options
- 4.Beware of student aid offers that seem "too good to be true."

Student aid scams offer the "promise" of funding for a small fee and then steal your money. You should never have to pay a fee to apply for student aid.

5. Don't let tuition costs prevent you from applying to a college you want to go to.
Higher tuition costs may make you eligible for more student aid. Your family's ability to pay as determined by the FAFSA does not change

depending on where you apply.

### Find Support in school

- Make friends with student services
- Know that a counselor is a call/email away
- Get involved with peer study groups
- Reach out to professors, many times they are eagerly waiting for a student to come see them for help

# Tips for a good first impression

- 1. Be on time.
- 2. Present yourself appropriately.
- 4. Be yourself.
- 5. Have a winning smile.
- 6. Be open and confident.
- 7. Use small talk.
- 8. Be positive.
- 9. Be courteous and attentive.