ETS EXPRESS

http://academicinstitute.education/ets/



WHAT IS ETS?

Educational Talent Search is a federally funded program for eligible 6th-12th grade students at no cost Educational Talent Search provides academic support, career advisement, and financial aid counseling to eligible middle and high school students.

d = 20	Fall 2024 Tutorial ZOOM LINKS		STUDY
100			51001
*	Tuesday/Thursday	3pm-8pm	
Teacher/ Tutor	Topic & Time		
Tenia McDow	Math & Chemistry	Зрп	п-брт
Zoom ID	780 203 6573		
Zoom Password	MATH		
Shunda Fisher	Math	5pm-8pm	
Zoom ID	896 6209 0242		
Zoom Password	70gkkJ		
Tashae Hill	English	5pm	ı-8pm
Zoom ID	858 5533 1375		
Zoom Password	students		
Nikki Breigedam	Science/ACT Suppo	rt 3pm	1-брт
Zoom ID	874 2814 5370		
Zoom Password	352827		
Milagros Barsey	Spanish & ESL Sup	port 3p	т-брт
Zoom ID	885 8268 2760		
Zoom Password	spanish		
Deborah Goddard	Science	3pm	1-брт
Zoom ID	492 868 8228		
Zoom Password	science		
Arlette Waite-Shaw	English	3pm	-6pm
Zoom ID	327 641 4718		•
Zoom Password	50500		
Tina McDow	Weekly Workshop (Tuesday)	4pm-5pm
Zoom ID	779 753 2716	• • • • • • • • • • • • • • • • • • • •	-
Zoom Password	McDow		
Jennifer Lytch	Science/Academic S	upport	5pm-8pm
Zoom ID	872 485 1589		-
Zoom Password	4CU4pK		

ENROLL TODAY



Educational Talent Search is actively seeking students in grades 6 through 10 from our designated schools.

Weekly Events

Academic Tutorial-Every Tues/Thurs 3pm-8pm Via Zoom

Biology EOC Blitz Every Tues/Thurs @5pm via Zoom



Happy Women's History
Month! A time to
remember, reflect, and
celebrate the
immeasurable impact of
women on our world.

Meet the team

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Program Coordinator
Cell: 704-430-4665
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ETS EXPRESS- Middle School

http://academicinstitute.education/ets/



MENTAL HEALTH TIPS FOR COPING IN A CRISIS



Set a schedule for your day

Live a healthy and balance lifestyle





Take time daily for self-care

Write a letter or journal about it





Protect your peace and stay positive



Upcoming Events Clayworks Pottery Workshop Mar 13









<u>5 Epic Tips for Middle</u> <u>Schoolers, whether you're a</u> newbie or a seasoned

- 1. <u>Don't get into drama</u>. There's going to be a lot of it. It's not worth wasting your time and energy on things that won't matter the next day.
- 2. <u>Don't be cruel.</u> Hurting other people won't make you feel any better about yourself. And trust me, it will only make the other person feel worse about themselves.
- 3. <u>Try harder in the classes you hate.</u> Chances are, you have at least one class you'll hate. Try harder in that class, or those classes, and you're less likely to fail.
- 4. Stick with the people you trust, and those who make you feel better about yourself. If you hang out with people who hurt you for no good reason, you'll feel worse about yourself. Hang with the people who boost your self-esteem instead of crushing it.
- 5. You don't need to be popular. People try so hard to be popular, but in all honesty, going into high school, how popular you were in middle school doesn't matter. Frankly, it doesn't matter in middle school either. No one cares if you're popular, they care if you're nice. So just be nice, and be yourself.

ETS EXPRESS- High School

http://academicinstitute.education/ets/







<u>Upcoming Events</u>

Clayworks Pottery Workshop Mar 13
Black College Expo Mar 20
CPCC Informational @ CPCC Mar 27
NC Central University Mar 31





Mistakes to Avoid in Choosing a College

- 1. <u>Rushing the process</u>-Finding the right college takes time and effort, not to mention research and an often-lengthy application process.
- 2. <u>Being a follower-</u> Following a boyfriend, girlfriend, or best friend to the college of their choice may seem like a promising idea at the time, but this is one of the most pivotal points in your life, too. If your relationships are strong, they will outlast time and distance anyway.
- 3. <u>The legacy lure-</u> Only considering colleges your parents, siblings, or other family members went to in order to follow them may not be in your best interest. It's always best to explore your options and find the right fit for our personality.
- 4. <u>The temptation to party</u>. So, it's a great party school but is it a great learning environment? While you may be itching to get out on your own and party like a rock star, that's really not what college is about. When choosing a college, it's understandable to want a campus with a healthy social atmosphere. Just be sure that it's a setting that's conducive to the real goal at hand: learning.
- 5. <u>Location, location, location-</u> Whether you're a homebody who wants to stay close or an escape artist who wants to get as far from home as possible, the location should be a factor in choosing a college.
- 7. **Not visiting** It's always better to visit and experience the college for yourself. If visiting colleges and universities is not something you have the budget to do, try checking out the campus environment via social media accounts from students spending time on campus.