ETS EXPRESS

VOLUME 11
JUNE 2025 INSIDE Culinary Class with Chef Alyssa's

THIS ISSUE

- AICC Information/ Chef Alyssa's
- Middle School News
- Senior Spotlight







MEET THE STAFF



Ambaka Bekmy

Chef Alyssa's Cooking Class: A Delicious Success!

Our middle and high school students had a fantastic time participating in Chef Alyssa's cooking class, where they prepared a delicious threecourse meal complete with dessert!

Everyone enjoyed hands-on experience in the kitchen, learning new skills and creating tasty dishes to share. It was a fun and rewarding event that sparked their love for cooking and teamwork. Stay tuned for more culinary adventures!



MIDDLE SCHOOL NEWS

MIDDLE SCHOOL SUMMER TIPS

Parents, this one's for you.

Try something new this summer. And try it where your middle schooler can see.

Whether it's gardening or guitar. Minecraft or cooking, let them see you tinker, fail, and try again, It gives them ermission to be imperfect, and to try skills that don't (yet!) look cool!

MIDDLE SCHOOL SUMMER TIPS

To feel like a valuable person, middle schoolers need to do things of value for others

Translation for summertime: Get a job.

Even if they're too young to work officially, consider babysitting or volunteering. Doing work of value for others will make them feel capable and confident.

MIDDLE SCHOOL SUMMER TIPS

During the school year, kids see two kinds of adults most: those closely related to them, and those paid to be with them.

Middle schoolers need a third kind of adult too: someone who sees and values them but is "not" a teacher or parent.

Summer is an ideal time for this. Stay over with your cool aunt, help your neighbor fix heir car, visit the grandparent you love.

MIDDLE SCHOOL SUMMER TIPS

Most important tip for middle school summers...

More Independence!

A recent study in the Journal of Pediatrics found that the decline in children's independence is a cause in their declining mental health. Middle schoolers especially are ready for more independence! See below for some ideas.

MIDDLE SCHOOL SUMMER TIPS

Middle schoolers often get stuck in one identity at school, even when they've outgrown it.

But one of the beauties of summer is the chance to try on a new identity. Help them do this by finding a group or activity they can join away from school friends. We all need a chance to re-invent ourselves sometimes

8 Summer Projects to Make

Money as a Kid

- 1) Putting Down Mulch 2) Car Detailing
 - 3) Delivering Food
 - 4) Garage Clean Out 5) Pet Sitting
- General Gardening Tasks/ Planting Flowers
 - 7) Mother's Helper 8) Dog Walking

ETS Middle School Chef's

ETS Middle School Chef's

Educational Talent Search Adventures: A Year to Remember!

What an incredible journey it has been with our amazing middle school students! A huge shoutout and thank you to everyone who joined us during the school day, participated in our afternoon sessions, and connected with us during Cultural Connection Saturdays. Your enthusiasm and involvement truly made this year special - you all make our program shine!

We're already looking forward to seeing you next school year for more fun, learning, and new adventures. And for those signed up for the KRE8ivU Cinematography camp - get ready to have an awesome time behind the camera and in the spotlight!

And a quick note: You don't have to sign up every year. Students stay in our program until they graduate high school, so you're with us for the long haul!

Thanks for being part of our journey - here's to many more exciting moments ahead!







ETS Middle School Workshop Pledmont (

VOLUME 11

ETS SENIOR SPOTLIGHT

We are incredibly proud of our Class of 2025! Your dedication, hard work, and perseverance have brought you to this exciting milestone. As you prepare to graduate and take the next step in your journey, remember that we believe in you and are cheering you on every step of the way.

Congratulations on all that you've achieved so far - your future is bright, and we can't wait to see all the amazing things you will accomplish. Here's to your next adventure!

