

# NEWS FROM UPWARD BOUND



AUGUST 2025

## UB Summer Recap

Upward Bound has completed another successful summer component with our students. This year we had three weeks of instructional learning. Two of the three weeks students got to spend at Queens University. We had our first summer Valedictorian (Emmanuel) and Salutatorian (Sa'Niya). Additionally, students got to have various educational and fun workshops. Students completed a community service project helping to feed families within the local community. Lastly, students went on the Summer Enrichment trip and toured four different colleges, as well as, seeing and experiencing local favorites such as Kennywood and the Pittsburgh zoo and aquarium.



## Upcoming Events

- Aug 22: TRIO Back To School Event
- AUG 13: Leadership Council Retreat
- Aug 25: First Day of School
- UB Recruitment @ Rocky River, Independence, Garinger, East Meck

# SIZZLING SUMMER STRATEGIES



## Back to School Tips

### What should you do ?

Now that school is quickly approaching here are some tips to help make the school year successful

- Get plenty of rest
- Eat breakfast each day
- Set aside designated study time each day
- Ask questions
- Start assignments early
- Turn in all assignments
- Go to Upward Bound Tutorials
- Set alarms
- Stay organized
- Manage time effectively
- Seek help when needed

## Motivation Corner

“One important key to success is self-confidence. An important key to self-confidence is preparation” - Arthur Ashe



# UPWARD BOUND NEWSLETTER



## Want to be Featured

TRIO Upward Bound loves to recognize student success! Did you earn a high GPA? Did you get into your dream college? Have you won an award or an academic event? Are you doing anything else exciting, like performing in a show or competing in a championship? Please let your UB counselors know if you have some exciting news about your academic journey! We would love to spotlight you!



## Reminders

For students who have not, students please reach out to the AICC Office to see about coming to pick up stipends and glasses.

## Upcoming Events

- Please be on the look out for further updates from your UB Counselors.

## Contact Info

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# SUMMER 25

## HIGHLIGHTS