

SEPTEMBER NEWSLETTER



EOC
SEPT 2025

WHAT'S NEW THIS MONTH

W.O.W WORKSHOP

Join us on September 10, 2025 and September 24, 2025 on Central Piedmont Community College's Central Campus for our workshops.

HISPANIC HERITAGE MONTH

September 15th marks the beginning of Hispanic Heritage Month, celebrating the contributions and achievements of Hispanic Americans to the American culture! Celebrate through October 15th, and all year!

COLLEGE TOUR

What happens after you complete your path at CPCC?

Explore undergraduate options with us at UNC Charlotte on Sept. 19!

HEALTH PROFESSIONS OPEN HOUSE

Health Professions and Human Services open house is Tuesday, September 23 from 5 to 7 PM on Central Campus @ the Health Careers Building!



MESSAGE FROM EOC

GROWTH MINDSET

As you continue in your studies, it's important to remember to keep a growth mindset! Keep up with the EOC calendar to learn about new opportunities and ways that you can work to achieve your goals!

In This Issue

WORKSHOPS AND EVENTS- Check out the events on our calendar for September!



CELEBRATE HISPANIC HERITAGE

Contact Us!

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- Cell: 704-408-0315
- email:
eoc@academicinstitute.education

September

Developing a Growth Mindset

Developing a growth mindset is key to reaching both academic and personal goals. A growth mindset means believing that abilities and intelligence can be developed through effort, learning, and persistence. Instead of seeing challenges as setbacks, view them as opportunities to grow and improve. Embrace mistakes as part of the learning process and focus on progress rather than perfection. This mindset encourages resilience and adaptability, helping you stay motivated even when things get tough. By celebrating small victories and maintaining a positive outlook, you'll build confidence in your ability to overcome obstacles and continue moving forward toward your goals.

QUOTE OF THE MONTH

"WHEN WE STRIVE TO BECOME
BETTER THAN WE ARE,
EVERYTHING AROUND US
BECOMES BETTER TOO"
- PAULO COELHO

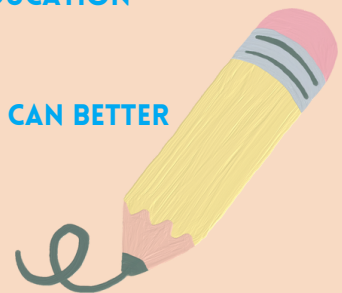
EVENTS AND WORKSHOPS THIS MONTH

EOC is making it work for you! With more events, workshops, and opportunities to grow this fall, there are plenty of chances for you to get involved!

WORKSHOP: SEPTEMBER 10 - PROFESSIONAL DEVELOPMENT PART 2
WE WELCOME BACK SHANNON MONROE! JOIN US AT CPCC'S CENTRAL CAMPUS

COLLEGE TOUR: UNC CHARLOTTE, FRIDAY, SEPTEMBER 19 10:00 AM
PLEASE RSVP AT THE DESK OR AT EOC@ACADEMICINSTITUTE.EDUCATION

WORKSHOP: SEPTEMBER 24 - GET TO KNOW EOC
**LEARN MORE ABOUT THE PROGRAM, THE SERVICES, AND HOW WE CAN BETTER
SERVE YOU**



Hispanic Heritage MONTH



Lin-Manuel Miranda

Lin-Manuel Miranda is probably best known as the writer and star of the hit Broadway musical Hamilton, in which he portrayed founding father Alexander Hamilton. Miranda is a famous playwright and songwriter, whose work spans both stage and screen. He is of Puerto Rican descent and hails from New York. He boasts a Pulitzer for his work, and is currently only an Oscar away from achieving the coveted EGOT, which is winning an Emmy, a Grammy, an Oscar, and a Tony!

Alexandria Ocasio-Cortez

Also known as AOC, Alexandria Ocasio-Cortez is a US representative who currently service in the House of Representatives, representing New York's 14th congressional district. First elected in 2019, she is the youngest woman to ever be elected to congress, taking office at just 29 years old. She is known for her Left-leaning politics and activism, and was a member of "the Squad", a group of young, female congresspersons pushing for progressive policies. She is of Puerto Rican descent.



Pope Leo XIV

Pope Leo XIV is the first American to ever be selected for the papacy, the highest position in the Catholic church. He is the first pope to hold both American and Peruvian citizenship. Following Pope Francis's death this April, Leo was elected pope after a two day conclave. His is of mixed heritage, including Spanish, Italian, French, and Louisiana Creole roots.