## NEWS FROM UPWARD BOUND

September 2025



Greetings Upward Bound parents and students. We would like to welcome everyone, new and old, back for another exciting school year with Upward Bound. We have a lot of amazing things planned for students and cannot wait to experience them all with our students.

As the school year starts, students go back with the confidence in knowing that you have everything you need already to be excellent this school year.

#### What's New

Upward Bound would like to officially welcome all of our new incoming students to the program. Welcome and we look forward to all the great work you all do this school year.

#### **Tutoring & Workshops**

Every Tuesday - Online 3pm-8pm

Every Thursday - Online 3pm-8pm & In-person

3pm-6pm

#### **Upcoming Events**

- Thursday, September 4, 2025 –
  Freshmen Drop-In. AICC Office | 3:30
  PM
- Tuesday, September 9, 2025 Duke University College Tour. RSVP by September 2.
- Thursday, September 18, 2025 –
  Sophomore Drop-In. AICC Office |
  3:30 PM
- Saturday, September 20, 2025 –
  Academic Saturday. Garinger High
  School | 9:00 AM 1:00 PM

### RESURGENCEOFACADEMIC EXCELLENCE



#### Success Tips

Academic excellence is attainable and here's how to achieve it.:

- Form good study habits early
- Ask for assistance when needed
- Come to tutorials
- Be proactive in your schoolwork
- Do not procrastinate
- Form study groups
- Ask questions when things are confusing
- Participate in class
- Attend Academic Saturday

#### **Motivation Corner**

"Success doesn't come from what you do occasionally. It comes from consistency" -Marie Forleo



A: 100-90

B: 89-80

C: 79-70

D: 69-60

F: Below 60







# UPWARDBOUNDNEWS LETTER

#### Want to be featured

TRIO Upward Bound loves to recognize student success! Did you earn a high GPA? Did you get into your dream college? Have you won an award or an academic event? Are you doing anything else exciting, like performing in a show or competing in a championship? Please let your UB counselors know if you have some exciting news about your academic journey! We would love to spotlight you!

#### **Upcoming Events**

- Tuesday, September 23, 2025
  Livingstone/Catawba
  University College Tour. See attached flyer & permission form. RSVP by September 17.
- Saturday, September 27,
  2025 Almond Farm Fall
  Festival | Meet at AICC Office
  at 10:00 AM

#### Reminders

Students please do not forget to come and claim your stipends from last school year

Students please come and pick up your free glasses from Vision to Learn .

#### Contact Information

Phone: 9802427598

Email:

b@academicinstitute.edu cation

