

NEWS FROM UPWARD BOUND

February 2026

Greetings From UB

Greetings Upward Bound parents and students. We are in the second month of the new year and the start of a new semester. As the new semester starts, students learn from the mistakes that were made last semester so that they are not repeated. If you know that you need help in a class, ask early. Create study plans and habits now so that during the year you already have a routine going. Believe in yourself and all that you are able to accomplish. This semester challenge yourself to do even better than you did last semester. You all have the tools needed to be excellent, you just need to apply those tools and watch the wonders that you all accomplish. We look forward to seeing all the academic achievements students have this semester.

Upcoming Events

- Saturday February 7, 2026 - Academic Saturday. Garinger High School | 9:00 AM -1: 00 PM
- Thursday February 12, 2026 - Junior Drop In. AICC Office | 3:30 PM -5:00 PM
- Monday February 16, 2026 - NCCU College Tour. RSVP by February 9th
- Saturday February 21, 2026- TRIO Upward Bound Quiz Bowl. JCSU | 9:00 AM -1:00 PM
- Thursday February 26, 2026- Senior Drop In. AICC Office | 3:30 PM - 5:00 PM.

Tutorials & Workshops

Every Tuesday- Online 3pm-8pm
Every Thursday- Online 3pm-8pm &
In-person- 3pm-6pm

UNLOCKING THE COLLEGE JOURNEY

The Journey

Unlocking the college journey requires these steps be completed

- Understanding what it is that you want to get from college
- What major or programs interest you
- What type of school atmosphere do you want to be a part of
- What are the non academic things you look for in a school
- What does going to college mean for you
- How can the college of your choice help prepare you for the future.
- Are you ready to overcome the obstacles that come with going to college
- Have you prepared mentally for the task of being a college student



Motivation Corner

“Press forward. Do not stop, do not linger in your journey, but strive for the mark set before you.” - George Whitefield

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Decision Making

Here are 8 steps to consider when making a decision

- What is the problem you are facing?
- Gather information. Ask for advice
- What is important to you ?
- Brainstorm and write down possible options
- What are the consequences of each choice
- Decide best choice for you
- Create and carry out a plan
- Measure the results .

Test Taking

Here is likely sources of test questions to help you prepare for exams.

- Any section in textbook covered by teacher
- Information provided by teacher not in textbook
- Question asked in class by teacher
- Information teacher writes on the board
- Information provided in PowerPoint
- Read aloud material
- Repeated information

Celebrating Black History

Mary McLeod Bethune (1875-1955) was one of the most important black educators of her time, and a leader in both the civil and woman's rights movement.

Throughout her life, Dr. Bethune sought to uplift and to buttress the lives of Black Americans through education, organizations, politics, and strong leadership.



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