

# MARCH NEWSLETTER

EOC  
MAR 2026

## WHAT'S NEW THIS MONTH

### W.O.W WORKSHOP

Workshops resume March 4<sup>th</sup> and March 18<sup>th</sup> at CPCC!

Join us for a FAFSA workshop on the 4th!

### SPRING BREAK

CPCC will be on Spring Recess from March 9th to March 15th. There will be no classes held during this week. Enjoy your break! Classes will resume on March 16th!

### IMPORTANT DATES

Second 8-week session at CPCC begins March 16

The third 4-week session also begins on that date.

The withdrawal date for the third 4-week session is on March 24.

### WHAT'S NEW?

Black College Expo March 4

Male Mentoring Workshops  
March 10<sup>th</sup> (CPCC Central Campus)  
and 17<sup>th</sup> (Ivory/Baker Rec Center)  
from 3:30 pm - 5 pm!

## MESSAGE FROM EOC

### SPRING BREAK IS HERE!

Spring break is the perfect time to relax, recharge, and have some fun before the final stretch of the semester! Whether you're traveling, spending time with friends, or just catching up on rest, make sure to enjoy yourself safely—stay hydrated, be mindful of your surroundings, and take care of yourself.

When you return, use that refreshed energy to power through your classes, tackle your assignments, and finish strong. You're almost at the finish line—keep going, and make this semester one to be proud of!

## In This Issue

### Spring has sprung -

March marks the beginning of spring!

The Spring Equinox is on March 20th!

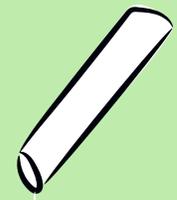
**March Holidays- What do you celebrate this March?**



## Contact Us!

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- [eoc@academicinstitute.education](mailto:eoc@academicinstitute.education)

# March



## Black College Expo

EOC IS GOING TO BE ON SITE FOR THE NORTH CAROLINA BLACK COLLEGE EXPO AT JOHNSON C. SMITH UNIVERSITY IN CHARLOTTE THIS MONTH! JOIN US ON MARCH 6<sup>TH</sup>, WHERE YOU CAN HEAR FROM OVER 50 COLLEGES, GET ACCEPTED TO COLLEGE ON THE SPOT, AND POTENTIALLY WIN A SCHOLARSHIP. THE NC BLACK COLLEGE EXPO WILL TAKE PLACE FROM 4:00 PM TO 7:00 PM. EOC WILL BE THERE TO HELP STUDENTS LEARN ABOUT RETURNING TO SCHOOL, CONNECTING WITH 2-YEAR AND 4-YEAR PROGRAMS, AND GETTING SUPPORT TO HELP THEM FINISH SCHOOL. THIS IS A GREAT OPPORTUNITY FOR ALL EOC PARTICIPANTS AND FOR NEWCOMERS AS WELL!

FOR MORE INFORMATION ABOUT THE EXPO, VISIT [THECOLLEGEEXPO.ORG](http://THECOLLEGEEXPO.ORG)

## QUOTE OF THE MONTH

"The future depends entirely on what each of us does every day; a movement is only people moving."  
- Gloria Steinem

# CELEBRATE IN MARCH



ST. PATRICK'S DAY IS ALWAYS CELEBRATED ON MARCH 17TH. IT COMMEMORATES THE DEATH DATE OF ST. PATRICK, THE PATRON SAINT OF IRELAND. IN AMERICA, IT WAS INTRODUCED AS A WAY TO CELEBRATE IRISH AMERICAN CULTURE. WHILE THIS HOLIDAY STILL HAS RELIGIOUS SIGNIFICANCE FOR CATHOLIC PEOPLE, IT LARGELY HAS SECULAR CONNOTATIONS. SHAMROCKS, LEPRECHANS, AND POTS OF GOLD ARE ASSOCIATED WITH THE HOLIDAY! IT'S CUSTOMARY IN AMERICA TO WEAR GREEN AND EXCHANGE CHOCOLATE COINS!

Women's History Month is celebrated every March in the United States to recognize the achievements, contributions, and resilience of women throughout history. It began as a week-long celebration in 1980 and was expanded to a full month in 1987. This month highlights the vital roles women have played in science, politics, the arts, education, and beyond. It is a time to honor trailblazers who broke barriers, acknowledge the challenges women have faced, and celebrate the progress made toward equality.



# Women's History

## MONTH

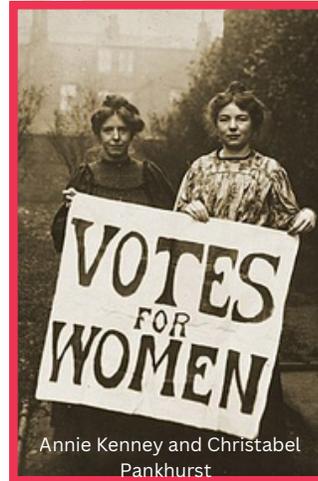


### Gloria Steinem

Gloria Steinem is a journalist and women's rights activist, most prominent in the 20<sup>th</sup> Century. She famously did an expose on the exploitation of "Playboy Bunnies" in 1963 by going undercover in the Playboy Club in New York. This both skyrocketed her to notability as a journalist and illustrated the need for her work, as it also caused her to lose assignments. She went on to co-found Ms. Magazine, the first American feminist magazine. Throughout her life, she has continued to remain politically active, speaking at the Women's March on Washington as recently as 2016. She is currently 91 years old, and still fighting for women around the world!

### Women's Rights

The fight for women's rights in America has been a long and ongoing struggle for equality. It began with the women's suffrage movement in the 19th century, leading to the passage of the 19th Amendment in 1920, which granted women the right to vote. Throughout the 20th and 21st centuries, women have continued to fight for fair wages, reproductive rights, and protection against discrimination. Landmark moments, such as the passage of the Equal Pay Act, Title IX, and ongoing activism for gender equality, have pushed the movement forward. While progress has been made, the fight continues to ensure equal opportunities and rights for all women.



Annie Kenney and Christabel Pankhurst



### bell hooks

One of the most prolific theorists, poets, and writers of the last 40 years, bell hooks was a towering figure in the world of feminist thought. Her pen name, bell hooks, is purposefully spelled with lowercase letters to highlight her idea that the words in her work were more important than the author. She taught at several institutions over her lifetime, including Yale and Stanford, and she founded the bell hooks Institute at Berea College in 2014, where she served as a Distinguished Professor. Her works, which focused on class, gender, and race, served as the foundation for the modern idea of intersectionality. Her notable works include *Ain't I A Woman?: Black Women and Feminism*, and *We Real Cool: Black Men & Masculinity*.