



NEWS FROM UPWARD BOUND



March 2026

Greetings From UB

Greetings Upward Bound parents and students. We are in month three of the year and what an amazing start to the year that it has been. As we progress further in the year it is imperative that students continue to build and maintain good habits. Students be sure that you are asking for help when needed, creating effective study habits and practices, make sure that you are developing healthy habits as well. If there is anyone struggling academically at this point please reach out to the us at UB so that we can help you create a plan to get you back on track academically. We believe that all of our students are capable of doing amazing things and we want to help them accomplish these amazing things.

Upcoming Events

- Tuesday March 3, 2026 - High Point College Tour.
- Thursday March 5, 2026 - Black College Expo. JCSU | 4:00 PM - 7:00 PM
- Saturday March 7, 2026 - Academic Saturday. Garinger High School | 9:00 AM - 1:00 PM
- Friday March 20, 2026 - UNCG College Tour. RSVP BY March 13th
- Wednesday March 25, 2026 - Mental Health & Wellness Activity. AICC Office | 4:00 PM
- Thursday March 26, 2026 - Senior Drop In. AICC Office | 3:30 PM - 5:00 PM

Tutorials & Workshops

Every Tuesday- Online 3pm-8pm
Every Thursday- Online 3pm-8pm &
In-person- 3pm-6pm



PATHWAYS & POSSIBILITIES

March 2026

Career Exploration

Possibilities

The pathway you take in life can lead to various different possibilities:

- Figure out all of the direction you want your life to go in
- Determine what you want out of life
- Understand what possibilities are available from each pathway
- Find which pathway best aligns with your goals in life
- Be prepared to face all road blocks that may appear on your pathway
- Remember that it is okay to change pathways
- Be okay with having to adapt to changes on the path that you have chosen
- Know that there is always more than one possibility that may come from the pathway that you have chosen for your life

Computer System Analyst

Quick Stats:

Industry: Business

Median Salary: \$88,270

Unemployment Rate: 2.1%

Number of Jobs: 54,400

Computer systems analysts leverage both their knowledge of information technology and business to design better computer systems and processes for their clients. Analysts will research the best technologies to help the organization's overall computer system – the hardware, the software and the networks – run more efficiently and effectively.

“Life is a journey that has a lot of different paths, but any path you choose use it as your destiny”
– Anonymous



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Note taking skills

The following note taking strategies can help better your note taking:

- Make clear and accurate notes
- Come to class prepared
- Compare your notes
- Minimize distractions
- Organize your notes
- Use abbreviations and symbols
- Write clearly
- Review your notes
- Write down questions

Happy Birthdays

Upward Bound would like to wish all of our students celebrating a birthday this month a very special and Happy Birthday

Test taking strategies

- Gather knowledge of the truth
- Arrive early and take a moment to relax and reduce your anxiety
- Listen attentively to last minute instructions given by instructor
- Read the test directions very carefully and watch for details
- Plan how you will use the allotted time
- Maintain a positive attitude
- Rely on your first impressions
- Plan to finish early and have time for review
- Consider every test a practice session- analyze your performance

Contact Info

Email:

ub@academicinstitute.education

Phone: 9802427598

