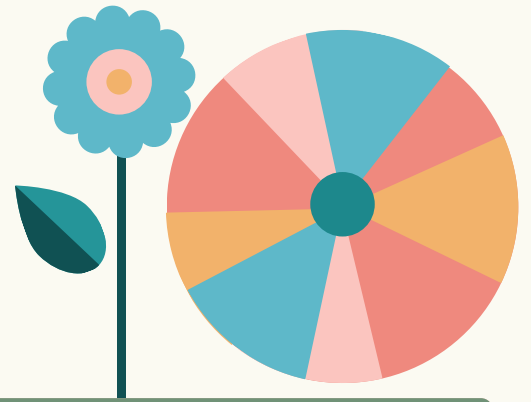


NEWS FROM UPWARD BOUND

May 2026

Greetings from Upward Bound

Greetings Upward Bound parents and students. We are coming to the end of another academic year in school and Upward Bound. As students prepare to take EOC and final exams, we want to encourage students to remain focused and to try their best. We know that throughout the school year our students have faced various obstacles. Although, our students have come up against challenges, we know that they can overcome any and everything. As students prepare for finals we want to remind them that there are resources and teachers/tutors available to help them review and prepare. If anyone is struggling in any subject we highly advise them to reach out now while there is still time to get things corrected and on the right track. Students remember that the only thing that can keep you from being great is yourself. Move self out of the way and watch the amazing things you get



Upcoming Events

- Saturday May 2, 2026 - Academic Saturday. Garinger High School | 9:00 AM - 1:00 PM
- Tuesday May 12 & 26 - Male Mentor Workshop. CPCC | 3:30-5:30 PM
- Saturday May 16, 2026 - TRIO Service Project. Crisis Free Store | 9:00 AM - 11:00 AM
- Wednesday May 20, 2026 - StrongHER Workshop
- Friday May 22, 2026 - TRIO EOY Celebration. Mint Hill Veterans Memorial Park | 3-6 PM
- Thursday May 28, 2026 - TRIO Senior Celebration. 5:00-7:00 PM

Tutorials & Workshops

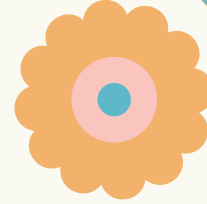
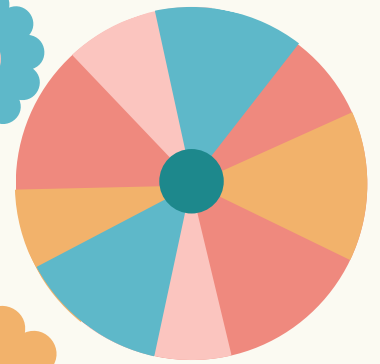
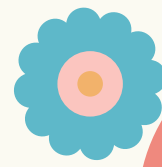
Every Tuesday- Online
3pm-8pm
Every Thursday- Online
3pm-8pm &
In-person- 3pm-6pm

Mastering the Material

May 2026

Mastering the Material

- Space out your studying, review class materials at least several times a week
- Find a comfortable and quiet place to study with good lighting and little distractions (try avoiding your own bed;)
- Take notes and write down a summary of the important ideas as you read through your study material.
- Take short breaks frequently
- Test yourself or have someone test you on the material to find out what your weak and strong areas are



Career Exploration

Forensic Scientist Quick Stats:

Industry: Criminal Justice
Median Salary: \$67,440
Unemployment Rate: 1.8%
Number of Jobs: 20,700

Forensic scientist is a professional who analyzes evidence from crime scenes to support legal investigation. Key responsibilities include laboratory analysis and testifying in court as expert witnesses.



NEWS FROM UPWARD BOUND

May 2025

General Test Taking Strategies

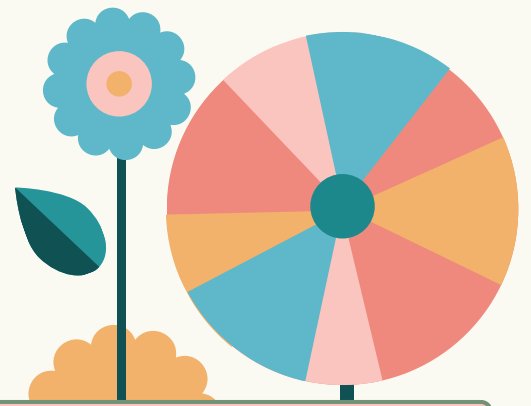
The following strategies will help with test taking:

- Read your course notes and texts and look for potential exam questions
- Break down complex sentences into smaller phrases
- Draw a diagram, graph, or sketch—anything that will help you make better sense of the problem
- Try to answer the statement/problem before looking at the answer choices
- Read all essay questions before you begin to answer. Take a minute or two to list what you know about each question

Happy Birthday

Upward Bound would like to wish all of our students celebrating a birthday this month a very special and

Happy Birthday



Improving Your Note Taking Skills

The following tips can help improve note taking skills

- Make clear and accurate notes
- Come to class prepared
- Compare your notes with other students
- Minimize distractions
- Organize your notes
- Use abbreviations and symbols
- Write clearly
- Review your notes immediately after class
- Write down questions

Contact Info

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